# LEADERSHIP Occupational therapists making a difference



#### My leadership journey

### **Dr Jenny Preston MBE**

Consultant Occupational Therapist and Clinical Lead Neurological Rehabilitation





#### My current role

- The Consultant Occupational Therapist role is clearly defined within the five key domains of: expert clinical practice; practice and service development; professional leadership and consultancy; education, training and development; and research and evaluation.
- I represent occupational therapy and neurological rehabilitation at a national level in service planning, research and development and clinical development by providing expert consultative advice.



#### My leadership skills

- Flexible
- Vision
- Resourcefulness
- Challenge status quo
- Inspire trust
- Focus on people



#### Attributes and behaviours

- Innovative
- Courage
- Energy
- Tenacity

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#### Where my leadership has made an impact

As non-medical clinical lead I have worked with colleagues across a range of established networks to develop and implement a referral pathway which has increased bed occupancy from 57% to 97%. I have supported the development of a person-centred model of care with team members who state that this has enhanced their clinical experience and has increased job satisfaction. I have introduced integrated models of working with community partners and voluntary agencies to support the ongoing needs of people living with neurological conditions. I am contributing to the first ever National Neurology Action Plan.

### My key pivotal moments

